



SANDY VALLEY ATHLETIC DEPARTMENT

5130 State Route 183 NE Magnolia, OH 44643

(330) 866-3060 g.evans@svlocal.org

Lidderdale Track & Field Invitational

18th Annual

February 27, 2023

Dear Coach,

This letter is to inform you that the Sandy Valley Lidderdale Track and Field Invitational will be on Friday, April 14, 2023. This will be the eighteenth anniversary of the meet to honor long time coach, Ed Lidderdale. The meet will be run on our 6-lane, all-weather track, and we are looking forward to a very competitive meet. The coaches meeting will begin at 3:30 P.M. behind the home bleachers. The field events will begin at 4:00 P.M., with the running preliminaries starting at 4:30 P.M. The running finals will begin approximately 20-30 minutes after the preliminaries (please refer to the enclosed order of events). Listed below are the teams that are competing this year.

Boys Teams

Carrollton High School
East Canton High School
Harrison Central High School
Indian Valley High School
Malvern High School
Mogadore High School
Ridgewood High School
Sandy Valley High School
Tusky Valley High School

Girls Teams

Carrollton High School
East Canton High School
Harrison Central High School
Indian Valley High School
Malvern High School
Mogadore High School
Ridgewood High School
Sandy Valley High School
Tusky Valley High School

Rosters and event entries are due on Baumspage by Wed, Apr 12, 2023 at midnight

Any scratches and changes must be done on baumspage



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4:00 P.M. Field Events

Girls discus (Boys to Follow)

Boys Shot Put (Girls to follow)

Girls Long Jump (Boys to follow) Please note LJ prelims will be competed in flights

Top 7 back for Finals (Shot Put , Discus , Long Jump)

Girls Pole Vault (Boys to follow)

Boys High Jump (Girls to Follow)

4:30 P.M. Preliminaries (3 heats - top six times advance to Finals)

1. Girls 100 Meter Hurdles (33")
2. Boys 110 Meter Hurdles (39")
3. **Girls 4x800 Relay (Finals)**
4. Girls 100 Meter
5. Boys 100 Meter
6. **Boys 4x800 Relay (Finals)**
7. Girls 200 Meter
8. Boys 200 Meter

Finals (short break after 200 Meter preliminaries)

1. Girls 100 Meter Hurdles
2. Boys 110 Meter Hurdles
3. Girls 100 Meter
4. Boys 100 Meter
5. Girls 4x200 Relay (2 heats)
6. Boys 4x200 Relay (2 heats)
7. Girls 1600 Meters (1 section)
8. Boys 1600 Meters (1 section)
9. Girls 4x100 Relay (2 heats)
10. Boys 4x100 Relay (2 heats)
11. Girls 400 Meter (3 heats)
12. Boys 400 Meter (3 heats)
13. Girls 300 M. Hurdles (30") (3 heats)
14. Boys 300 M. Hurdles (36") (3 heats)
15. Girls 800 Meters (1 section)
16. Boys 800 Meters (1 section)
17. Girls 200 Meter
18. Boys 200 Meter
19. Girls 3200 Meters (1 section)
20. Boys 3200 Meters (1 section)
21. Girls 4x400 Relay (2 heats)
22. Boys 4x400 Relay (2 heats)

***Awards will be delivered to your school the week of April 17th**



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Entry Fee:

1. **\$125 per team (\$250 for both boys and girls teams)**

a. Checks Payable to **Sandy Valley Athletic Department**

Gate Admission fees:

1. **\$7.00 for adults**

2. **\$5.00 for students**

General:

1. Please stay off of the football field portion of the turf--**NO SPIKES ON THE TURF**
2. Please have teams clean up their areas prior to departure.

Coaches:

1. No seeds, gum or food is allowed in the inner portion of the stadium track (jumps area, track lanes, or on the turf).
2. Starting heights to be determined from entries
3. LJ, Shot, Discus will be 3 preliminary throws/jumps, top 7 advancing to finals for 3 additional attempts.
4. Running events with prelims will advance the 8 fastest times to finals.

Athletes:

1. No seeds, gum, or food is allowed in the inner portion of the stadium track (jumps area, track lanes, or on the turf).

Sandy Valley Coaching

Staff Contact Information

School: 330-866-9371

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Jason Calkins, Boys Head Coach

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